

THE LEIGH ACADEMY



4th September 2020

JCO/JHR/PEKit20

Dear Parent /Carer

Re: New Procedures for PE Lessons

Throughout the first week back to the academy, students have had an introductory lesson within their physical education lessons during which they have been informed of new procedures for PE lessons during this academic year. We would also like to relay these new procedures to parents/carers, so that we can ensure the safe delivery of physical education.

As shown below each class bubble now has physical education lessons on one day per week:

Year 7 Chaucer/Darwin - Monday
Year 7 Brunel/Da Vinci - Wednesday

Year 8 Chaucer/Darwin - Friday
Year 8 Brunel/Da Vinci - Tuesday

Year 9 Chaucer/Darwin - Thursday
Year 9 Brunel/Da Vinci - Thursday

Year 10 Chaucer/Darwin - Thursday
Year 10 Brunel/Da Vinci - Friday

Year 11 Chaucer/Darwin - Tuesday
Year 11 Brunel/Da Vinci - Tuesday

The key changes to this academic year are that **students come to the academy in PE kit** and wear it for the entirety of the day when they have their timetabled PE lessons. This is to avoid any potential changing problems where students and staff would normally be in close proximity. Students, should still bring to the academy their bag and learning equipment for their other lessons that day.

PE kit

We would like to take this opportunity to remind students and parents of the PE kit policy and ensure that students and parents know exactly what kit and footwear they should be wearing on their assigned physical education day. Students should wear the following:

Green Street Green Road
Dartford, Kent, DA1 1QE
T: 01322 620400
F: 01322 620401
info@leighacademy.org.uk
www.leighacademy.org.uk

Principal: Julia Collins



Registered in England Company No: 2336587
Limited by Guarantee, Charity No. 800972

Registered Office: Green Street Green Road,
Dartford, Kent, DA1 1QE

Girls and Boys - Leigh PE polo shirt with college logo

Girls and Boys - Leigh PE zip sweatshirt/fleece

Girls - Black shorts or black tracksuit bottoms or black leggings (**NO SHORT cycling shorts**)

Boys - Black shorts or black tracksuit bottoms

Girls and Boys - Sports trainers or astro turf trainers (**NO STUDS**)

If for any reason a student does not have a Leigh PE top e.g. they are awaiting a delivery from SWI, please provide a note and bring an alternative top so that she/he can still participate in their PE lesson. If this is the case please provide a plain black tee-shirt until the Leigh PE top has arrived.

New PE procedures

At the start of all PE lessons students will now come to the sports hall from their previous lesson or tutor group already in their full PE kit. Students will then line up in their classes to be registered. Bags will then be locked away, before each class follows their teacher to their lesson. As shown below, five lessons have been selected for module one and classes will rotate around these lessons each week to ensure a broad PE curriculum. All five lessons have been adapted and meticulously planned to follow all government guidelines regarding Covid 19:

Lesson 1: Circuit training including a yoga cool down

Lesson 2: Striking and fielding (cricket, rounders or softball)

Lesson 3: Trampolining

Lesson 4: Table tennis

Lesson 5: Athletics / cross country

If you require any additional information please do not hesitate to contact me on 01322 620435 or email Andrew.pickett@leighacademy.org.uk .

Yours faithfully



Mr A Pickett

Co-ordinator of learning - Physical Education