

Post-18 Options #2



What are my options?

1. Employment
2. Apprenticeship
3. University
4. Gap Year

Preparing for Employment or Apprenticeship

Step 1 - define a starting career

With an ageing population and increasing retirement ages, you are likely to be at work for about 50+ years.

In an age of rapidly advancing technology, many of the jobs you will do in your lifetime do not yet exist.

Experts predict that you could have upto 8 different careers in your working life.

As a result, you only need to worry about your starting career right now.

Preparing for Employment or Apprenticeship

Step 2 - choose a starting career

The following might help you to choose:

- A family connection or contact
- A hobby or interest
- A geographical location
- Aptitude

A Morrisby Test can be a useful way to choose a suitable starting career:

www.morrisby.com

Preparing for Employment or Apprenticeship

Step 3 - research a starting career

Start by reading these two excellent step-by-step guides:

<https://www.thebalance.com/steps-to-choosing-career-525506>

<https://www.careersadviceforparents.org/p/choosing-career-paths.html>

A brilliant website that can help you make informed decisions is

<https://www.notgoingtouni.co.uk/> - they have everything from advice on routes into careers through to information about the huge variety of careers that are currently available.

Preparing for Employment or Apprenticeship

Step 4 - prepare for a starting career

What have you found out?

Do you need to study for longer than you had thought?

Would it be valuable to get some work experience?

Do you need to start working up some contacts?

MAKE A PLAN AND STICK TO IT!

Preparing for a Gap Year

There is no harm in taking a Gap Year - you will have been at school for 14 years by the end of Year 13 and may need a break!

You will also be at work for a very long time and this might be your only chance to have an adventure before you start work and acquire big family or financial commitments that will hinder your ability to 'drop out' for a while.



Preparing for a Gap Year

Step 1 - work out how you want to spend your year

Do you have a passion or burning interest?

Do you want to stay in the UK or travel overseas?

Do you need to work for some of the year to finance your adventure?

MAKE A PLAN AND STICK TO IT!

Preparing for a Gap Year

Step 2 - work out who can help you to realise your plan

There are many organisations that exist to help students plan and fulfil a Gap Year:

www.gapyear.com

www.prospects.co.uk

www.campamerica.co.uk

<https://www.ucas.com/ucas/undergraduate/getting-started/alternatives-higher-education/gap-years-%E2%80%93-ideas-and-things-think-about>

Next Step: Make a plan and stick to it!

Whether you are thinking of employment, an apprenticeship or a gap year, it is really important that you make a plan now and work step-by-step through the plan to make sure that you realise your ambition.

Ask for help - your tutor, your teachers, your parents, your friends and your family will all be willing to help you prepare for any of these steps.

REMINDER: you should all be working on your personal statements, too - you'll need a version of it to apply for employment, an apprenticeship or a gap year.

On the 'Post-18 Options' site:

- All of the Post-18 Options videos (these can also be found by searching 'Lee Forcella-Burton' on YouTube) and slideshows
- Examples of excellent personal statements
- Parents' Guides to: Post-18 Options, University, University Applications, Apprenticeships, Degree Apprenticeships & Results Day
- Advice and guidance on taking a gap year
- Advice and guidance on creating a CV and writing application letters
- Links to www.ucas.com - advice and guidance on applying to university, finding an apprenticeship, choosing a career and taking a gap year

